

Catching up with...

# Shelby Steingraeber

## Miss Missouri's Outstanding Teen 2012



**LOCAL TITLE:** Miss St. Charles' Outstanding Teen  
**TALENT:** Vocal - "One Rock n' Roll Too Many"  
**YEARS COMPETED:** 4  
**PLATFORM:** Kids in Crisis - A Community Approach

**WHAT ARE YOU UP TO NOW?** I'm finishing up my sophomore year at the University of Arkansas-Fayetteville where I am pursuing a double major in Communications and Broadcast Journalism. I am the Marketing Director for KXUA 88.3FM, and host a weekly live radio show and I intern with the development department at the Walton Arts Center/Walmart AMP Theater. Soon, I will begin tutoring international students in preparation to apply for the Peace Corps. This fall, I will leave to study for a full academic year at the University of Sussex, Brighton (England) as a foreign exchange student.

**WHAT WAS YOUR MOST MEMORABLE APPEARANCE AS MMOT?** I'm particularly grateful for the opportunity to work with Rainbows for Kids and the St. Louis Cardinals as a coach for their annual "All Star" baseball tournament. It was at this event that I met my sweet MMOT Miracle Princess, Ari. A few weeks ago, I came back to St. Louis to celebrate her 9th birthday - truly a celebration, as she has been battling Stage Four Neuroblastoma for six years.

**WHAT ADVICE WOULD YOU GIVE TO THIS YEAR'S CONTESTANTS?** What's so wonderful about the women who are part of this organization is that they all have a servant's heart. You cannot teach someone how to connect with others - it's an innate trait, and one that all of the women involved in this organization possess. Hold on to that quality, fiercely, as you continue your preparation for the state pageant. Never lose sight of the true meaning behind this organization and the opportunity you have to make an impact on your community as a state, local or national titleholder. Let your heart speak louder than anything else.

### **BEST TIP TO PREPARE FOR INTERVIEW?**

Look at the experience less as a formal job interview, and more as a candid conversation. Whether that entails sharing a personal story you've never had the courage to tell before, or telling a goofy joke, keep it real!

### **BEST TIP FOR FITNESS?**

Shake it up and do a workout that appeals to your interests. The week before I left for MAOT, I spent 12 hours a day training with the Rockettes on Broadway. I never really looked at it as rigorous exercise, because I was having a good time doing something I enjoyed.

### **BEST TIP FOR TALENT?**

Bill Wolfe! He's the talent guru. During my years competing, I'd come to him with these wild ideas and piano/vocal mashups galore. Without fail, he always found a way to take my many artistic desires, break them down, and create something unique that expressed my style as a performer.

### **BEST BEAUTY TIP?**

A good teasing comb is my go-to beauty essential. If there's anything I've learned while attending college in the South...it's "the bigger the hair, the closer to God!"



## Prep like a winner...

**FAVORITE HEALTHY SNACK:** Kale chips

**FAVORITE BEAUTY PRODUCT:** Smashbox Photo Finish Primer Water

**PAGEANT WEEK ESSENTIAL:** Red Bull

**WISH I WOULD HAVE...** Brought an old fashioned iPod! We were not allowed to have our cell phones during MAOT week, which is where all my music was stored.